



EXPERIENCE FEEDBACK FORM

At Inspire Careers LLC, we strive to provide a completely positive experience for every individual that we serve. It is important that we know the quality of your experience and we would very much appreciate your feedback to help us continually fine-tune our service offerings and delivery to help us exceed our client's expectations.

As a participant in the Inspire Careers Student Professional Launch Program™, please tell me....

Overall, how did the program meet your expectations for service(s) you received?

☒ Exceeded my expectations ☐ Met my expectations ☐ Did not meet my expectations

Please explain:

At first I was quite skeptical also because of a general cynicism in the job search process itself, but as Cathy started helping me with my self-confidence, it caused a positively reinforcing cycle of me being able to start doing things I used to think I wasn't able to, which in turn built my self-confidence and made those actions feel easier and almost second-nature.

Why did you sign up to participate in this program originally and were your original expectations met?

I signed up originally because I was really struggling in winter of last year to find the motivation, and I think because I reached a level of cynicism that felt really difficult to overcome alone, and yes, this program helped both with my motivation and with overcoming the cynicisms as the results did start coming in!

How do you feel the strategies you learned will help you as you continue in your career?

I think overcoming the fear of using LinkedIn or being able to reach out to people with much more ease, and checking in on the status of my application to demonstrate interest, were all things that I never thought I could do, but that I can do now, thanks to Cathy's program, and which will prove invaluable in future job searches—this program has taught me how to be less emotionally invested in my applications, how to do the job search in an organized methodical manner where everything is tracked in a spreadsheet and how to reach out to people— all of which are not only life skills but will help future job searches feel less daunting, and will enable me to not be intimidated of leaving a job I'm not happy in because I'll know a lot more as to how to go about it.

How did you feel your résumé compares with other résumés you have seen?

I think it's much more polished and readable and it's been getting me a whole lot more responses from employers ever since I made the switch. It took me a while to get used to the changes but now I really like them and consider them the strongest parts of my new resume.

What did you enjoy best about your experience (the weekly coaching sessions, new resume, Monday Motivational emails, LinkedIn work, Job Seeker Spotlight video, meeting with Cynthia Coufal, masterminds)? Why? Please be specific.

I really enjoyed the weekly coaching sessions because they really helped with the motivational and emotional aspect of the job search. They helped to create strength and resilience in me to continue to dust myself and pick up where I left off when the job search was getting particularly draining and difficult. I also really enjoyed the masterclass with Cynthia Coufal, I think it came exactly at the right time when my anxiety levels about the job search were at very high levels, and I think it helped to put a lot of things in perspective.

Where there any parts of your experience in this program that you did not enjoy or believe could be improved?

Not really, perhaps more explicit interview prep within the weekly meetings and a little bit more structure would help to improve it.

Would you recommend this program to a friend or fellow jobseeker? Yes Why? Or Why not?

It's proven to really help me in the emotional, motivational, self-confidence aspect, as well as giving me a good understanding of LinkedIn, something that is becoming increasingly important to understand, as well as giving me the ability to email people and reach out to them with ease, which is critical in this job market to set you apart.

Please provide your overall feedback and thoughts about the program and partnership you received and the part it played in your successful internship search (coaching, résumé, networking, anxiety management with Cynthia Coufal):

Overall this program really helped me with general life skills, self-confidence, overcoming my fear of LinkedIn and helping me with reaching out to people, which played a pivotal part in me landing the internship I currently got. This program helped me discover parts of me that were already there but in need of being brought out and heavily polished, which is the reason I was able to overcome the rut I was in before and start believing in myself enough and build the motivation enough to continue until I got the results that I did. None of it would have been possible without Cathy's coaching, patience, redirecting and encouragement, and I'm really grateful I got the opportunity to participate.

Also, please provide your feedback about the digital courses you took in the Inspire Careers Career Coaching School:

Which courses did you take and please provide separate feedback on each:

Unfortunately I haven't taken any yet but I do plan to take them in the future and am grateful for the unlimited lifetime access!

Thank you for taking the time to share your feedback!

Name: _Giulia Liberatore Date: __Wednesday, May 28th